

SEQUENCE FOR DONNING PERSONAL PROTECTIVE EQUIPMENT (PPE)

1. PROTECT YOUR BODY

Ensure the gown:

- Covers torso from neck to knees
- Covers arms to end of wrists
- Wraps around the sides to fasten at neck and back



2. PROTECT YOUR FACE

- Create a curve in the flexible band for the nose bridge and expand the mask
- Secure the ties or elastics at the middle of the head and neck, or fasten the ear loops
- Fit it snugly to your face and below your chin – fit check the N95 and P2 mask
- Place the face shield or eyewear over the face and eyes and adjust to fit



3. PROTECT YOUR HANDS

- Extend the cuffs to cover the wrist of the gown
- Limit the surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene as required



FINALLY

STOP and **CHECK**
all PPE is in place



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